



**District 4
THE RETIRED TEACHERS OF ONTARIO**

**LES ENSEIGNANTES ET ENSEIGNANTS
RETRAITÉS DE L'ONTARIO**



FALL/AUTOMNE 2020

Newsletter

SUDBURY • MANITOULIN • NORTH SHORE

<http://www.rtoerosudburymanitoulin.com>

**Executive Board/Conseil exécutif
2020-2021**

Carmaine Hall
President/Présidente

Roland Muzzatti
1st Vice-president/1er Vice-président

Denise Dupuis
2nd Vice-president/2e Vice-présidente

Peter Stankiewicz
Treasurer/Trésorier

Diane Bradley
Secretary/Secrétaire

Pierrette Nadeau
Social

Peter Niro
Political Action/Action politique

Monique Picard Dubuc/Lucie Lalande
Goodwill/Bienfaisance

Brenda Tessaro
Health-Insurance/Santé-assurance

Nancy Albanese
Membership/Adhésion

Jenny Ross
Pensions

Francine Hurtubise
Newsletter Editor/Éditrice

Juliette Lavoie-Gaboury
Media/Médias

Nicole McAllister
Travel/Voyages

Debbie Lambert
Unit 2 Representative/
Représentante Unité 2

Diane Bradley
Webmaster/Webmestre

From the President's Desk

Since March, we have been living self isolation, masks and social distancing. We've lined up to shop for rubbing alcohol and yes, toilet paper. We have not been able to roam freely, visit, nor hug and kiss loved ones. Who would have thought that this could happen during our life time? I hope that you have been keeping safe and have overcome loneliness by reaching out using social media, Zoom and the good old fashion telephone.

In the fall of 2020, RTO/ERO District 4 activities will be quite different as we continue to wear masks and exercise physical distancing.

Unfortunately, there are cancellations: the October General Meeting (AGM) and the trip to New York. Tentative meetings have been booked for the general meeting at Christmas in December and the AGM scheduled for May 2021. We will update you of possible activities and changes in the November Newsletter.

At the Provincial level, staff members continue to work from home. The Board of Directors are keeping all RTO/ERO districts abreast of all pertinent changes and developments that impact our association, through regular Zoom meetings with the Presidents.

In October, we will have the first virtual Annual General Meeting. Covid 19 has brought about many changes in the way RTO/ERO does business.

During these unprecedented times, I encourage you to obey all the rules that will keep the Corona virus at bay. Continue to support RTO/ERO members as best that you can. Looking forward to seeing you in person, very SOON...

Carmaine Hall

Inside/à l'intérieur...

From the President's Desk.....	p.1	North Shore/Manitoulin Newsbeat	p7
Mot de la présidente.....	p.2	Merit Travel	p.8
Membership	p.2	RWRO/OERO	p.10
Goodwill/Bienfaisance.....	p.3	Awards.....	p.10
In Memoriam	p.4	Travel/Voyages	p.11
Social Calendar	p.5	Reader's Corner/Le coin du livre.....	p.12
LTC Homes and the Pandemic.....	p.6		

Mot de la présidente

Depuis mars, nous vivons l'isolement de soi, les masques et la distanciation sociale. Nous avons fait la queue pour acheter de l'alcool à friction et oui, du papier de toilette. Nous n'avons pas été en mesure de se promener librement, visiter, ni caresser et embrasser nos êtres chers.

Qui aurait cru que cela pourrait arriver pendant notre vie ? J'espère que vous avez été gardé en sécurité et que vous avez surmonté la solitude en tendant la main à l'aide des médias sociaux, Zoom et la bonne vieille mode du téléphone.

À l'automne 2020, les activités du district 4 d'ERO/RTO seront très différentes, car nous continuons à porter des masques et pratiquons toujours la distanciation physique.

Malheureusement, il y a des annulations : l'assemblée générale d'octobre et le voyage à New York. Des réunions provisoires ont été prévues pour l'assemblée générale de Noël en décembre et l'assemblée générale annuelle (AGA) en mai 2021. Nous vous informerons des activités possibles dans le bulletin de novembre.

Au niveau provincial, les membres du personnel continuent de travailler à domicile. Le conseil d'administration tient tous les districts d'ERO/RTO au courant de tout changement pertinent à l'association par le biais de réunions régulières Zoom avec les présidents. En octobre, nous aurons la première assemblée générale annuelle virtuelle. Le Covid 19 a apporté plusieurs changements dans la manière qu'ERO/RTO fait affaire.

Pendant cette période sans précédent, je vous encourage à suivre les règlements pour tenir le virus Corona à distance. Soyez sains et saufs. Au plaisir de vous voir en personne, très BIENTÔT...

Carmaine Hall

Membership/Membriété

The following people from Sudbury and Manitoulin/North Shore have joined RTO/ERO since our last newsletter. Congratulations and welcome to RTO/ERO District 4.

Charlotte Neff
Cindy Watson
Danielle Herrington
Donna Kenny
Helmut (Ted) Wintert
Johanne Rioux
Krista Sarmatiuk

Monique Trottier
Nadine Williams-Winter
Paulette Sage
Pauline Davos
Ross Jenson
Sheila Cote

Your Contact Information

If you have a change of address, e-mail or phone number, please call 1-800-361-9888 or send the new information to the Membership Department, at membership@rto-ero.org.

Membership & Recruitment

Any questions about membership can be directed to Nancy Albanese at 705 693 1874 or by email at albanen4@gmail.com.

Nancy Albanese

Goodwill/Bienfaisance Committee

"Life is mostly froth and bubble. Two things stand like stone. Kindness in another's trouble, courage in your own." Adam Lindsay Gordon

To say we are living in strange and challenging times is an understatement. These last few months have emphasized the importance of people reaching out and helping others. The Goodwill committee's role of performing acts of CARING, COMPASSION and CELEBRATION is now more important than ever and we are always looking for ways to be present and helpful to our members. Although visiting those who are in long term care or retirement homes is not possible at the moment, we have reached out to those members by sending them a card or making a phone call to let them know that they are not alone and that we are thinking of them. As time passes, we will be looking at other ways that we can make someone's day a little brighter. If you have any suggestions or comments you would like to share, we encourage you to contact a Goodwill committee member. We know that there are members who would appreciate an act of kindness and we want to help in any way we can.

We are not sure when we will be able to meet again but in the meantime we encourage you to check the RTO District 4 website www.rtoerosudburymanitoulin.com for updates and the monthly In Memoriam.

Take care and keep safe.



Dire que nous vivons des temps étranges et remplis de défis est un euphémisme. On a pu voir l'importance de la générosité des gens qui aident leurs prochains depuis ces derniers mois. Le mandat du comité de bienfaisance est d'autant plus important qu'auparavant: être attentif aux besoins de nos membres en posant des gestes de BIENVUEILLANCE, de COMPASSION et de CÉLÉBRATION. Nous voulons continuer d'être présents et aidants. Il nous est impossible pour le moment de visiter nos membres qui sont dans des foyers à long terme ainsi que ceux dans les résidences pour personnes âgées. Nous avons tout de même envoyé des cartes de souhaits et/ou des appels téléphoniques pour les rassurer qu'ils/elles ne sont pas seuls et que nous pensons à eux. Nous cherchons continuellement d'autres moyens d'égayer leur journée. Vos suggestions et commentaires sont toujours grandement appréciés et on vous invite de nous les communiquer en contactant un des membres du comité.

Nous savons qu'il y a des membres qui apprécieraient un acte de gentillesse et nous voulons aider de toutes les façons possibles.

Nous ne sommes pas certains quand on aura l'occasion de se rencontrer mais entre temps, on vous encourage d'aller sur le site ERO district 4 au www.rtoerosudburymanitoulin.com pour les mises à jour et le In Memoriam du mois.

Prenez soin.

Lucie Lalande
Monique Picard Dubuc

Goodwill Committee Members/Membres du comité de bienfaisance Call us....Appelez-nous

Annette Blais-Laforge 523-9819
Josie Girolametto 682-2682
Louise Shonwise 969-3584
Juliette Lavoie-Gaboury 897-6028
Paulette Stewart 566-5996
Elsie Stephenson 866-2435
Céline Baril-Patry 969-2836
Monique Picard Dubuc 969-4423



Anne Malnachuk 969-2914
Helen Laidlaw 523- 1571
Nicole St-Germain 758-6614
Helga Leblanc 897-6877
Monique Taylor 853-4772
Lorrie Petryna 522-1780
Lucie Lalonde 969-7155

In Memoriam



Diane Gervais
John Cottenden
Marielle Beaudry
Selwyn Sage
Gisèle Blanchette
Veronica Mitroff
Sherry Riddoch
Margit Dobor
Robert Tyler
Thérèse Allard
Léonard Paquette
Beatrice Jensen



Membres en deuil/Bereaved Members

Karen Lindquist – sa soeur Caroline Lindquist
Thérèse Allard – son fils Marc
Roma Faubert – sa soeur Marielle Beaudry
Yolande Riopel – son gendre Émile Lavoie
Françoise Quevillon – son époux Gilles
Lise Proulx – son époux Nicol "Nick"
Gemma Fredette – son frère Raynald Ouellet
Edward Riddoch – his wife Sherry
Jeannine Ross et Gaetane Charbonneau – leur soeur Andrée Charbonneau
Jerome Perusini – his sister Maria Corona Skakoon
Aline Bidal et Lise St-Denis – leur frère Rhéal Gagnon
Paul Gawalko – his wife Joan
Agnès Noël – son frère Normand Forest
Deborah Kennelly – her mother Josephine Falconi
Jacqueline Doucet et Onésime Tremblay – leur sœur Gilberte Dupuis

Vos collègues vous disent MERCI – Your colleagues say THANK YOU

Merci à ERO pour le don fait en souvenir de ma sœur, Marielle Beaudry. Vos condoléances mettent un baume sur notre deuil et nous incitent à en vivre les étapes avec sérénité et douceur. Grand merci! Roma Faubert

Thank you so much for your kind words. They warmed my heart. Ray loved life and was always fun to be with. We have not been able as a family to mourn and celebrate his life, due to Covid 19. We hope to do so

in October. Thank God for family and good friends. Your gift to Children with Cancer is a very good choice for our family. Un gros merci! Sincerely Gemma Fredette.

Sincères remerciements à mes collègues de RTO/ERO pour vos condoléances lors de la perte de notre gendre, Émile Lavoie. Un grand merci pour les paroles réconfortantes transmises par Mme Monique Taylor du comité de bienfaisance. Ça fait chaud au coeur. La famille apprécie grandement le don fait à "Families of Children with Cancer". Yolande Riopel

SOCIAL COMMITTEE

All meetings and activities take place at the Northbury Hotel on Brady Street, unless otherwise specified.

Dates to include in your 2020-2021 calendar:

Executive Board Meetings at 9:30 am

- Thursday, September 17, 2020
- Thursday, November 5, 2020
- Thursday, April 15, 2021
- Wednesday, June 17, 2021

General Meetings at 10:45 am

- **Fall Luncheon (CANCELLED)**
- **Christmas Luncheon**
Thursday, December 3, 2020
(TENTATIVE DATE)
- **Spring Luncheon & Annual Meeting:** Thursday, May 13, 2021
(TENTATIVE DATE)
- **New Members' Luncheon**
(TO BE DETERMINED)
- **Retirement Workshop**
(TO BE DETERMINED)
- **Volunteer Appreciation Luncheon:** Thursday, May 13, 2021



COMITÉ SOCIAL

Toutes les rencontres et activités ont lieu à l'Hôtel Northbury, rue Brady, sauf indication contraire.

Dates à retenir à votre calendrier 2020-2021:

Rencontres du Conseil exécutif à 9 h 30

- Le jeudi 17 septembre 2020
- Le jeudi 5 novembre 2020
- Le jeudi 15 avril 2021
- Le mercredi 17 juin 2021

Réunions générales à 10 h 45

- **Dîner d'automne (ANNULÉ)**
- **Dîner de Noël**
Le jeudi 3 décembre 2020
(DATE TENTATIVE)
- **Réunion annuelle et dîner du printemps :** le jeudi 13 mai 2021
(DATE TENTATIVE)
- **Dîner des nouveaux membres**
(À DÉTERMINER)
- **Atelier de retraite**
(À DÉTERMINER)
- **Dîner de reconnaissance des volontaires :** le jeudi 13 mai 2021

Pierrette Nadeau

Long Term Care Homes and the Pandemic

We should all be hanging our heads in shame!

Statistics show that about 80% of deaths due to Covid19 in Canada have occurred in Long Term Care (LTC) and Retirement Homes. This is the highest percentage among OECD countries (The Organisation for Economic Co-operation and Development, an intergovernmental economic organization with 37 member countries).

In Ontario, as of August 1st, there were over 1840 deaths of residents and staff in LTC homes – that is over 65% of all COVID deaths. This has occurred in a province that is supposed to have one of the best health care systems in Canada.

LTC homes are not just for the very old and frail who are living out their last days. Today's homes include people from the age of 18 who have numerous medical conditions and afflictions. These include Dementia, Multiple Sclerosis, Parkinson's, Autism, mental health disorders, just to name a few.

In reality, this means that LTC homes are an integral part of the health care system in Canada. LTC homes must always employ a wide variety of trained staff to deal with all of these health issues.

In spite of the obvious short staffing crisis and the deaths in LTC homes, the Ontario Long Term Care Association is resisting the move to improve staffing in the homes. This group speaks for many of the LTC homes in the province, but its Board of Directors is made up of 'CEOs' from the 'for-profit' home sector. They are claiming that homes should not be required to have at least one Registered Nurse (RN) on duty 24-7. They are against more home inspections, especially surprise resident quality inspections that can take several days to complete. They claim the "greatest challenge" to hiring staff is a "high administrative workload", and a "punitive culture" created by regulations and inspections.

The Personal Support Worker (PSW) shortage still plagues all homes in the province. The Ontario Health Coalition (OHC) completed a province wide staffing shortage survey just 2 weeks ago (see Note below). PSWs are amongst the lowest paid health care workers, yet responsible to look after the care of such a varied and complex population; their salaries do not match the responsibility placed upon their shoulders. To mitigate the problem, the government could take immediate action with a planned program to recruit and retain PSWs in all homes across the province. This would not cost a lot of money and would highlight the important role that PSWs play in our health care system.

The debate about 'for-profit' and 'non-profit' homes is now in the news and will continue to be debated. About 57% of the LTC homes in Ontario are 'for-profit'. The idea that they should all become 'non-profit' is quite problematic and expensive. Perhaps the better approach would be to strengthen the Long-Term Care Act by including and regulating a more stringent standard of personal daily care for each resident in all LTC homes.

On July 29th, the government announced the formation of a commission to investigate the LTC crisis during the COVID outbreak. It is to report back in May 2021. This investigation is certainly called for in order to expose the weaknesses in Long Term Care. Let's hope that Premier Ford keeps his word to get to the bottom of the crisis and to fix the Long-Term Care system.

Terry Martyn – Past President

Note: To view the Ontario Health Coalition survey, go to the OHC website and scroll the headlines to find "Long Term Care Staffing Report".

Manitoulin/Northshore Newsbeat

The RTO/ERO spring meeting was cancelled due to the coronavirus pandemic and as the concern for our health and well-being continues, the Fall General Meeting for Unit 2 is cancelled also. More information will be coming about the Spring Luncheon.

For many years, Operation Christmas Child has been a part of our Fall Meeting. Although we are not getting together there is an easy way to participate. Go to packabox.samaritanspurse.ca. You can choose "pack a box for me" or "I want to pack a box". It's all done for you. If you do this, please email kiviaholaila@gmail.com or call 705 368 2580 so we know how many were packed by RTO/ERO members.

We usually send 24 - 28 boxes from our unit. Please continue to brighten the lives of destitute children.



Membres en deuil/Bereaved Members

Laila Kiviaho – her brother William Kiviaho
Dorothy Laidley – her sister Betty Fullerton



If you have any information regarding special birthdays, anniversaries, or deaths of RTO/ERO members or their loved ones, please contact the Goodwill representative in your area.

Goodwill Phone Captains



Barb Cranston, Little Current, 705 368-2498
Laila Kiviaho, Central Manitoulin, 705 368-2580 (kiviaholaila@gmail.com)
Val Flanagan, Western Manitoulin, 705 282-3386 (valandgord@yahoo.ca)
Bessie Budge, Espanola, 705 869-3408 (chair of Goodwill)
Claudette Gauvin, Northshore, 705 869-0203
Jenny Ross, Espanola, 705 869-2055
Joseph O'Neill, Elliott Lake, 705 848-3438

Valerie Flanagan

Thought of the Day

"Life is not about having everything.
It's about finding meaning in everything."

Joel Randymar

Pensée du jour

Il y a ceux qui voient les choses telles qu'elles sont et qui se demandent pourquoi.
Moi je les vois telles qu'elles pourraient être et je me dis pourquoi pas !

Marc Levy

RTO/ERO District 4 Sudbury/Manitoulin

Due to the Covid-19 pandemic, our trip to the Big Apple New York City on October 6-9 2020 has been changed to a later tentative date in October 2021. One can only hope that travels will resume by then. Stay safe!

À cause de la pandémie, le voyage à New York a été remis tentativement en octobre 2021. Cette date sera revue selon la situation avec le Covid-19. Soyons prudents et prudentes!

Nicole McAllister- Travel Chair



BIG EXCITEMENT IN THE BIG APPLE

NEW YORK CITY TOUR, FALL 2021

YOUR HOTEL:
THE ROOSEVELT HOTEL
45 E 45th St,
New York, NY

3 nights
\$1,975* p.p.
DEPARTS OCT. 4, 2021
GROUP SIZE: 40 MINIMUM

HOSTED BY NICOLE MCALLISTER

Take a bite of the Big Apple and experience the best of Manhattan on this amazing sightseeing adventure. From the bright lights of Broadway and Times Square to the natural beauty of Central Park, you'll find history, culture and excitement around every corner.

WHAT'S INCLUDED:

- Deluxe motor coach transportation
- 3 nights at The Roosevelt Hotel (incl. hotel taxes & portorage)
- Full and half-day tours with a licensed NYC Tour guide
- Admission to 9/11 National Memorial, One World Observatory and American Museum of Natural History
- Ticket to a Broadway show (production TBD)
- Pre-theatre dinner at Carmine's
- Daily buffet breakfast
- Free time for shopping and exploring Times Square
- All meal taxes and gratuities

MeritTravel.com | 705.564.9990   



ITINERARY BREAKFAST/DINNER = (B,D)

Day 1 | October 4, 2021 | Sudbury to New York City

You'll depart Sudbury on Tisdale Bus Lines. Upon arrival in New York City, you'll check in at the iconic Roosevelt Hotel, steps from Grand Central Station and Times Square. The evening is yours to relax or explore the city.

Day 2 | October 5, 2021 | Lower Manhattan & World Trade Center (B)

After breakfast at the hotel, you'll enjoy a full day of sightseeing with a licensed NYC tour guide. Explore the sites where it all began, back when Lower Manhattan was still called New Amsterdam, and pay your respects at the 9/11 Memorial and Museum – a tribute to the past and a place of hope for the future. Then it's up to the One World Observatory for stunning 360-degree views of NYC from its highest point. After 5 p.m., enjoy a night of free time.

Day 3 | October 6, 2021 | Upper West Side (B, D)

After breakfast, you'll tour the Upper West Side and Central Park with a licensed NYC tour guide. Then you'll explore the magnificent American Museum of Natural History – 150 years old and the world's largest natural history museum. As evening falls, we'll enjoy a four-course, Southern Italian family feast at Carmine's in Times Square. Of course, no trip to NYC is complete without a Broadway show!

Day 4 | October 7, 2021 | New York City to Sudbury (B)

Time to head home! You'll enjoy a final group breakfast at the hotel before departing New York City for Sudbury on Tisdale Bus Lines.

MeritTravel.com | 705.564.9990   

*CAD \$ per person based on Double Occupancy. Single rate \$2500.00. Taxes included. Deposit non-refundable and due at time of booking. Minimum 40 passengers required for the tour to operate. If Merit Travel cancels due to lack of numbers, a full refund will be processed. ON-4499356/4499372 | 111 Peter Street, Suite 200, Toronto, ON. M5V 2H1 | ©Merit Travel is a registered trademark of Merit Travel Group Inc. All rights reserved.

Retired Women Teachers of Ontario/Organisation des enseignantes retraitées de l'Ontario (RWTO/OERO) Sudbury Branch, Area 10

If there's one thing that's become clear during the months of the Covid-19 pandemic it's that we're all responsible for helping each other. And that's what RWTO-OERO Sudbury, Branch, Area 10 is all about. Our motto is Caring and Sharing.

- Flowers and cards were sent to two members who have reached the 90's club: Claire Poliquin on May 14 and Elizabeth Morrow on August 15.
- Kudos to Glory-Ann Dore and Patricia Park! Glory-Ann sends birthday cards and has a phone call chat with all members at the appropriate time. Patricia organized a small symphonic concert in July, in her back yard, to the delight and amazement of a small group of neighbours and friends.
- Louise Sutcliffe, participated in a virtual choir singing a composition appropriate for these times, Sing Gently, by Eric Whitacre. It involved 124 countries and 17,532 participants. The scope of this project has deeply impacted me during this period of pandemic. Such a beautiful adventure and a very memorable experience!
- A few members, including yours truly, put their sewing talents to produce masks, a much needed commodity in these times.

Membership dues of \$40.00 are usually renewed every Fall of the year. We thank the members who paid up last Spring. Please continue your interest in this organization.

Cancellations until further notice are: the regular RWTO-OERO luncheons at the Northbury, the luncheon at Enrico's in September and the golf tournament .

We are trying to navigate through this current COVID-19 by staying safe and distancing .

The good news is that the year is half over.

J'ose espérer que vous êtes tous bien malgré ces temps difficiles. Malgré tout, il est important de s'entraider et de socialiser tout en observant rigoureusement les normes.

C'est qui nous sommes, RWTO-OERO de Sudbury. Nous vivons présentement notre devise et notre mission « Partage et Bienveillance » en mettant en vigueur plusieurs projets pour aider nos membres à survivre plus doucement cette pandémie vicieuse.

Comme il sera bon de se retrouver tous et toutes ensembles autour de la table dans un avenir rapproché.

Laurianne Valiquette
Communications Convenor

AWARDS

Provincial Scholarship Program

District 4 is pleased to announce that two students sponsored by District members each received a \$1,500 Scholarship.

- **Madelaine Fielding** was enrolled in the Honours Bachelor of Business Administration program at Wilfrid Laurier University. Her RTO/ERO sponsor is her grandmother, **Elaine Fielding**.
- **Aiden Lavoie** was enrolled in the Mechanical Engineering program at Laurentian University. His RTO/ERO sponsor is his grandmother, **Paulette Lavoie**.

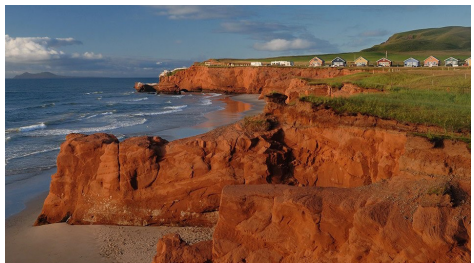
Congratulations to both students and grandparents on this well-deserved recognition!

District Awards

Due to the COVID-19 pandemic, the call for nominations for Certificates of Recognition and for the Guill Archambault Award as well as the presentation of these awards are postponed until a General Meeting can be held.

Roland Muzzatti

Beautiful Magdalen Islands



The Magdalen Islands also known as **Les Îles de la Madeleine** is a very popular tourist destination. This isolated archipelago smack in the middle of the Gulf of St. Lawrence makes the perfect fun and relaxing getaway.



Although they are part of Quebec, they are actually closer to Prince Edward Island and Nova Scotia. There are three ways to get to these islands:

1. By car or chartered bus with a five-hour ferry ride from Souris, Prince Edward Island
2. By air with roughly a two-hour flight from Montreal
3. By ferry with CTMA Cruises. This seven-day cruise from Montreal is very pleasant. During the trip, you get to taste haute cuisine meals and enjoy the incredible scenery along the way. Once on the islands, you can reserve guided tours with les Autobus Les sillons or les Autobus M.A. Poirier and choose from several packages: nature, flavours, culture and heritage. You can also rent a car from several businesses and visit at your own pace.



Across the 12 islands, you'll find endless stretches of white sand beaches and red sandstone cliffs dotted with vibrantly painted houses.



The 12,500 inhabitants who refer to themselves as "Madelinots" are justifiably proud of both their fascinating Acadian ancestry and hearty cuisine.



Visitors who make the trek during the tourist season (the beginning of June to the end of September) will be richly rewarded if they:

1. Visit one of the island's six lighthouses, particularly the Borgot Lighthouse located on Étang du Nord.
2. Visit Le Fumoir d'Antan to see the Madelinots' method of smoking fish.
3. Soak up the sun at Dune du Sud, an 18 km. stretch of white sand and calm waters.
4. Sample the island's finest cheeses at La Fromagerie du Pied-de-Vent.
5. Stroll along La Grave, a collection of fishermen's huts converted into boutiques and restaurants.
6. Enjoy a Craft Beer tasting at L'Abri de la Tempête
7. Spend an opulent night at Domaine du Vieux Couvent, a converted convent.
8. Feast at the best restaurant on the Magdalen Islands, La Table des Roy where Maritime ingredients and European cooking techniques are merged.



I visited the Magdalen Islands, this little paradise, twice. If you decide to visit them, they will enchant you without a doubt and you will want to come back also in a very near future.

Francine Hurtubise

Reader's Corner...a few delightful reading selections

1. John M. Barry ... **The Great Influenza**
2. Michelle Obama ... **Becoming**
3. Delia Owens ... **Where the Crawdads Sing**
4. James Patterson ... **The 20th Victim**



Le coin du livre...quelques suggestions pour agrémenter votre lecture

1. **Du côté des Laurentides, Tome 2, L'école du village** de Louise Tremblay d'Essiambre
2. **Autopsie d'une femme plate** de Marie-Renée Lavoie
3. **Trois réveils** de Catherine Perrin
4. **Raoul, tu me caches quelque chose** de Claire Ménard-Roussy

Francine Hurtubise

If you have a change of address, e-mail or phone number, please call 1-800-361-9888 or send the new information to the Membership Department, at membership@rto-ero.org.

Editor/éditrice
Francine Hurtubise
fhurtubise60@gmail.com

